

# TRAILS OF OPTIMISM

A NEWSLETTER TO INSPIRE OPTIMISM IN IOWA



Our District officers met for a retreat in September as they planned great trails of Optimism for our District.

## OPPORTUNITIES FOR YOUTH

Plan ahead for creating trails of Optimism in your community for youth. Consider having an essay contest or an oratorical contest.

Information about contests can be found at:

[https://www.optimist.org/documents/2023/programs/scholarship\\_flyer\\_2023-24.pdf](https://www.optimist.org/documents/2023/programs/scholarship_flyer_2023-24.pdf)



## ZONE 8: MAQUOKETA

The Optimist Club of Maquoketa embodied the Optimist vision of bringing out the best in our communities by sponsoring a kite-making booth at the annual Maqtoberfest in September. Thanks to Rich May for his continued support of this project!

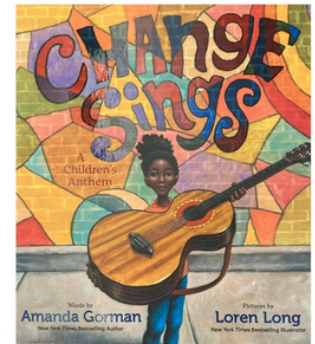
## ZONE 4: WEST DES MOINES

The Optimist Club of West Des Moines brings out the best in Youth as they help with a Sleep In Heavenly Peace bed build. Beds are built and delivered for children ages 3-17.



## ZONE 9: BETTENDORF OPTIMIST CLUB

Members Marilyn Schnell and Sandi Schmidt read the book *Change Sings* to the first-grade classes at Neil Armstrong Elementary School. Every student was thrilled to take their own copy of the book home. Such a wonderful way to bring out the best in ourselves by reading to children! Students are recognized monthly in all-school assemblies.



## ZONE 10: KALONA OPTIMIST CLUB

Marge Hopkins inducted members into the Kalona Club. She spent time with a charter member. Emil Schlabough is 96 years old and has served his community 55 years in the optimist club. What an exciting time as we begin our new year of creating trails of Optimism in Iowa!



**FIRST QUARTER CONFERENCE: Saturday, October 28  
8:30 to 4:00 at the Holiday Inn & Suites  
4800 Merle Hay Rd. in Des Moines!  
Downloadable Registration Form**

