



TRAILS OF OPTIMISM

FACEBOOK: <https://www.facebook.com/iowaOptimist/>

WEB: iowaoptimist.org

February, 2024

Issue No. 3

2nd Quarter Conference – February 17, 2024

9:00a.m. to Noon

General Session

Opening.....	9:00 a.m.
Workshop-The Art of Possibility	9:30 a.m.
Junior Golf.....	10:15 a.m.
Lieutenant Governor Reports.....	10:30 a.m.
Committee Reports.....	11:00 a.m.
Awards.....	11:15 a.m.
Essay/Oratorical Open Discussion.....	11:30 a.m.

REGISTER HERE:

Online registration for individuals: [Online Registration](#)

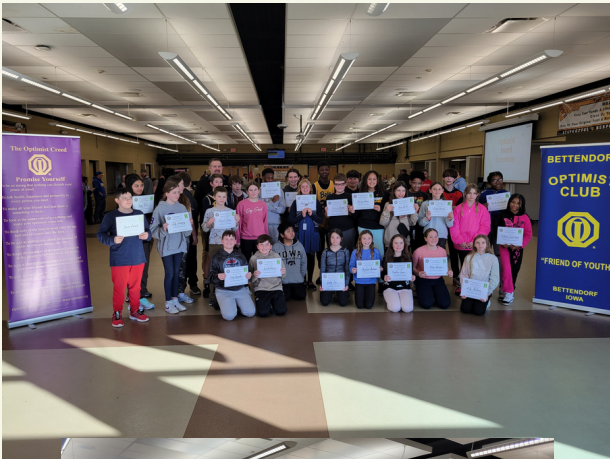


Make the 2nd Quarter Conference a fun event and learn more about spreading optimism across the Iowa District!

Read about the Bettendorf Optimist Club's Optimist Day Celebration:

[BETTENDORF FEB. 1st CELEBRATION](#)

FEBRUARY 1ST: INTERNATIONAL OPTIMIST DAY



FROM DAVE PHILLIPS:

Optimist International, an international service organization whose focus is on making a positive impact on the lives of youth, has proclaimed February 1st as "Optimist Day".

Clubs throughout the organization are encouraged to hold an event to celebrate how they are making a positive impact on the youth in their respective communities. The Bettendorf Optimist Club celebrated Optimist Day by holding its monthly Youth Appreciation Program at the Bettendorf Middle School. Thirty-five students were recognized for displaying exemplary life skills; i.e., being respectful, responsible, kind, helpful, etc. They were presented a certificate with comments on the back from the teacher who nominated them. In addition, they were presented a Chick-fil-A gift card.

Three local Optimist clubs, QC Morning, River Valley and Bettendorf, hold monthly Youth Appreciation Programs in elementary schools in the Davenport, Pleasant Valley, and Bettendorf School Districts to recognize students, not for athletic or academic achievements, but for being "good kids".





February 1st was filled with great events focused on spreading trails of optimism across Iowa. Let's not stop - keep optimism flowing throughout the month.



The SALT Junior Optimist International (JOI) Club President Jack Gummert (and JOI Advisor Rebecca Butler Mona) made a special delivery to the Perry Iowa Police Department with showing appreciation for all they do to keep the neighboring community safe. Sergeant Lott and Officer Leber received the cookies, notes and poster with thanks, saying that the timing was good as the high school students were about to return to classes. ❤️ #PerryStrong Iowa District JOI Club Iowa District Optimist



Governor Marge sharing smiles with the Burlington-West Burlington Optimist Club.

Shenendoah Optimist group sporting their new club shirts



Manna Cares celebrating Optimist Day!

IDEA TIME.....

SALT Junior Optimist Internation Club (JOI)

- 1) Assembled 377 “laundry pod packets” for individual loads of laundry — enough for a load of laundry every day for over a year! Each packet is a single Tide pod with a dryer sheet in a ziploc bag;
- 2) Made 34 T-shirt tote bags — a reusable cloth grocery bag made by cutting the arms and neck from the shirt, and cutting the bottom into strips to tie them like fleece tie blankets. Here’s a link for an example: <https://www.instructables.com/No-Sew-10-Minute-T-Shirt-Tote/>

This group is excited to bless Iowa Homeless Youth Centers - IHYC when they make meals for them later this month, and they will also be providing to Hope Ministries Bethel Mission.

This is a project any Optimist Club or JOI Club could do for people in need in their community!





Red Oak optimist Club presented the each faculty member a 100.00 check to use for teaching materials. representing the Red Oak Club in Blue Club Shirts President Doug Bye, Dan Crause, and Rick Lienan. Also present Lt. Gov Joleen Jorgensen

BE SURE TO UPDATE YOUR BYLAWS!

Childhood Wellness Grant Application

LINK: <https://www.optimist.org/member/health-and-wellness.cfm>

Optimist Institute

LINK: <https://www.optimist.org/member/optimist-institute.cfm>

65 Years of Optimism in Council Bluffs! Happy Birthday!



**KEEP BRINGING OUT THE BEST IN YOUTH, OUR
COMMUNITY, AND OURSELVES!**

Governor Marge Hopkins

